

# John “Doc” Fuller

Prison coach &  
consultant

Keynote speaker

Media personality

Life coach  
author



# About John “Doc” Fuller

John “Doc” Fuller, CEO and President of Prison Coach Speaking and Consulting, knows we are more than the sum of our worst mistakes.

A passionate advocate for the wayward, he feels deeply for those who have ended up on the wrong side of the law. No stranger to the system, Fuller served two short prison stints as a young man. Determined to turn his life around, he dedicated himself to using his powers for good. He is now a successful author, professional speaker, and highly sought after prison.

Since founding his consulting company in 2004, John has revolutionized the face of prison coaching. He expertly guides inmates through one of the most confusing and frightening experiences any individual undergoes. He equips each client with the necessary tools to organize their affairs prior to incarceration and mentally prepares them for inmate life. Finally, John educates his clients on the psychological impact of incarceration and implications for post prison adjustment.

John consults with criminal attorneys who represent celebrities, veterans, politicians, white collar criminals, and other high profile detainees.

# KEYNOTE SPEAKER & LIFE COACH



As a dynamic, versatile and passionate public speaker, Fuller focuses on promoting positive lifestyle changes and the importance and necessary stages of transformation. He challenges the audience to unleash their own untapped potential, while advocating against domestic violence, gang violence, and animal abuse.

As a life coach, John aims to help and empower others to make, meet and exceed personal and professional goals – including excelling in the workplace, becoming happy and fulfilled in the home, exploring the self and the world, and achieving ambitions.

Fuller has shared his life-changing, inspiring and real-life experiences and strategies to countless audiences - universities, high schools, businesses, and nonprofit organizations across the country.

# SPEAKING TOPICS

*Content adapts to keynotes, workshops, and webinars.*

## Motivational & Self/Life Improvement

- Improve performance for greater results and reputations
- Make positive changes with fresh perspective
- Self-improvement Strategies
- Realize untapped potential

## Prison Entrees & Exits

- Tools to organize and prepare personal affairs
- Ways to mentally prepare for entry/departure
- Education on pre and post-psychological impact of imprisonment

*Sessions are conducted 1-on-1 or group settings.*

## Justice-Involved Veterans

- Mentorship
- Application of life skills post-incarceration
- Strategies on coping with psychological impact of imprisonment

## Attorneys/Counsel

- Teaches Continuing Education (CE) courses and training – to help better equip clients for prison

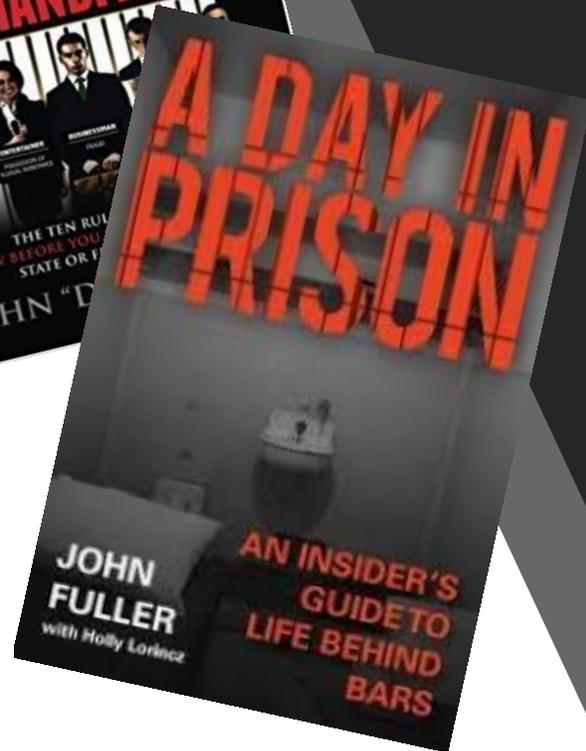
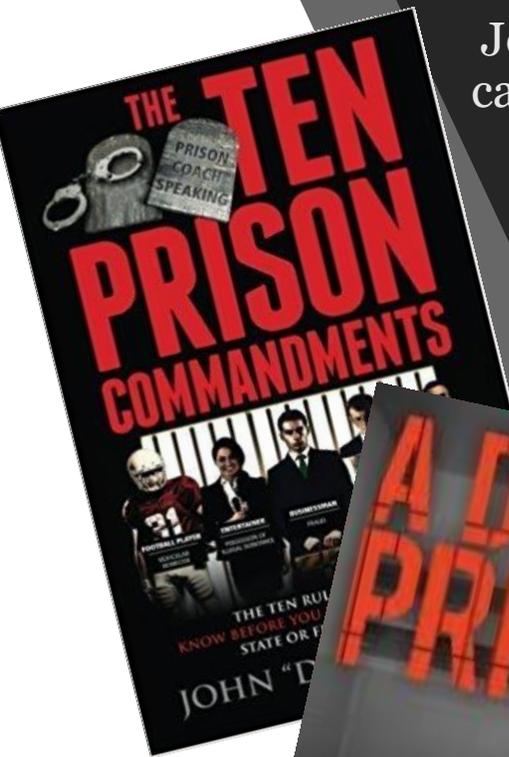
*Trainings sessions last approximately 90 mins.*

# author

John Fuller is penned two books – a guide to life inside, as well as a candid principles for individuals preparing for incarceration.

**“Ten Prison Commandments: The Ten Rules You Must Know Before You Enter a County Jail, State or Federal Prison”** ... Published in 2014, this straight-to-the-point publication covers a lot of ground, but it will not cover every scenario you may face in prison. The rules in this book address the primary causes of violence in the inmate subculture resulting from a process called “Institutionalization.” Life in prison often causes inmates to consciously or unconsciously relinquish their independence and responsibility. This can be avoided if you know some basic principles that apply regardless of the setting or culture.

**“A Day in Prison: A Insider’s Guide to Life Behind”** ... *A Day in Prison* is structured like an actual day in prison, tracking where in the building an inmate might be at any given point in a twenty-four hour period, what they should be doing at that time, and what to watch out for. This realistic, thorough guide is based on the author’s own time in a federal penitentiary and his years coaching people—from soccer moms to NBA stars—on how to survive on the inside. Fuller also offers specific suggestions for filling the hours in ways that benefit inmates in their daily prison life, provides meaning, and even prepares them for release.



# Media personality

Fuller is a highly sought and respected media personality and expert in the areas of celebrity imprisonment, self-help, criminal justice reform and more.

He has been featured on a numerous programs and networks such as ABC, NBC, CBS, Fox News, Entertainment Tonight, Hollywood Access, Today Show and WPIX New York.



# Thank you

Let's start our journey together! To find out how to secure John "Doc" Fuller for your organization's next conference, workshop or continuing education session, contact:

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Call 732-841-7400 or visit  
[www.prisoncoachspeaking.com/contact-us/](http://www.prisoncoachspeaking.com/contact-us/)